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COASTHILL NEWS

The Inverloch/Kongwak Primary School Bulletin

We Give Our Best To Be Our Best



Ph. 56 574 224

Our Vision: To enable all students to achieve their full potential and to develop into confident, well-rounded citizens.

Supervision Times: Before 8:30-The Foyer 8:30 Morning Yard Duty 3:30-3:45pm Afternoon Yard Duty

PRINCIPAL'S MESSAGE

It was with great excitement, we welcomed back the Prep-2 students at both Inverloch and Kongwak Primary Schools.

Our Kongwak students were welcomed back with balloons, streamers and the beaming smiles of Ms Linton and Mr Tyson.

At Inverloch PS, the students were welcomed with helium balloons, chalk messages and an inflated welcome sign.

Congratulations to the students for their positive start back to school, especially the Preps after a great start to the year and then having to restart Tuesday.

The staggered recesses and dismissals have created some logistical challenges in terms of the specialist program, recess noise, allowing times for all the extra handwashing and yard duties but we're problem solving through these challenges. We're hoping to have these ironed out before the Years 3-6 students return on June 9th.

The P-2 students have the option of a mid morning snack if they're getting hungry and a good breakfast will help. Recess is only 20 minutes later but some tummies are rumbling (and they can't graze and free range the pantry anymore!)

'Adjusting the sail' moments this week:

- ☺ I heard some students playing down ball 'air fiving' each other.
- ☺ The specialist teachers for taking their programs 'on the road' to the classrooms .
- ☺ Year One /Twos for being quieter on the Year One/Two playground
- ☺ Parents/carers for adjusting to the new pick up arrangements by waiting on the south side of Bayview Ave and waving to their children.
- ☺ Mr Rankin for changing to a dance unit.
- ☺ Preps for using pencil cases instead of cans of pencils.
- ☺ Parents/carers using the new sign in / sign out People Management system.
- ☺ The Preps for adjusting to saying goodbye at the front entrances and walking through the foyer to class.



29th May 2020 Edition 16

CALENDAR

May

31st

Virtual Cross Country finishes

June

8th

Queen's Birthday Public Holiday

9th

Years 3-6 resume classes at **9am**



-see Weebly website

RECREATION RESERVE SAFETY

Could students wait with parents /carers at the Recreation Reserve.

Children and cars don't mix.

Welcome to our five new students this term

POSITION VACANT

Cleaner to undertake the COVID19 day clean at Kongwak from Tuesday 9/6 to Friday 18/9

12:30pm -1:15pm

Must hold WWCC

-see website for details

<http://inverlochps.vic.edu.au/parents-carers/>

Or [click here](#)



Thanks to Rotary for the donation of a bicycle which we will use in our Bike Ed program to support students without a bike. John Peterson from Rotary presented the bike last week.

Take Care,

Brett Smith



You can't change the wind, but you can adjust the sail.

PEOPLE MANAGEMENT

Please use the new sign in and sign out iPad system for students and when allowed, visitors and volunteers.
Please watch toddlers who may be drawn to the appeal of the iPads.

ADULTS ONSITE

All adults must report to the new Reception Window.
Adults are not to enter the school grounds or wait in the foyer.

ILLNESS

As mentioned previously students should not be attending school if they are **any way** sick, they must be **100% well**. We will be calling parents/carers to pick up students who present in sick bay with an illness. If your child has a prolonged illness please contact the school.



P-2	9:00-11:00	11:00-11:30	11:30-12:30	12:30-1:30	1:30-2:30	2:30-3:15/3:20
	Learning Session	Recess	Learning Session	Learning Session	Lunch	Learning Session
3-6	9:00-10:30	10:30-11:00	11:00-11:45	11:45-12:30	12:30-1:30	1:30-3:25/3:30
	Learning Session	Recess	Learning Session	Learning Session	Lunch	Learning Session





HOUSE CROSS COUNTRY (SAME, SAME BUT VERY DIFFERENT!).

In Term 2 every year we hold our House Cross Country running event. In 2020 we will run this event - but with some changes. *The biggest change is that we are not meeting together to run. We are staging a virtual event.*

Location: Inverloch Foreshore running track (start/finish at "The Glades")

When: Anytime between Monday 18th May and Sunday 31st May (entries close at 5pm 31/5)

Who and What distance: Students CAN ONLY run with the family members they are living with. THEY CAN'T run with friends (we must adhere to social distancing guidelines). Prep, Grade 1 and 2 = 1.0km Grade 3, 4, 5 and 6 students = 2.4km

Start/Finish points = see the photos attached and watch the very entertaining video using this [LINK](#)

How: Students are to run/jog the course at a speed that they can sustain for the entire distance. No fast start, then walk! 1 house point is awarded to each student who takes part. Top 10 placing earns more house points (20 points for 1st, 18 points for 2nd, 16 points for 3rd, 14 points for 4th.... 2 points for 10th).

Please note: Participation in this activity is voluntary and consent, safety and supervision of students is the responsibility of the parent/carer.

Learning intentions (Why are we doing this?)

- To build on our sense of community (imagine you can hear the school house chants whilst running!)
- To work towards achieving personal bests.
- To understand how to maintain a sustainable running pace in order to finish the course in a timely manner (not walking)

Success criteria (What do I have to do to achieve?)

- Complete the set cross country course
- Upload a photo of you at the course as your Student Response
- (OPTIONAL) Include the time that it took to run the course if you wish to earn bonus house points and a possible podium finish. By uploading a time to SeeSaw, students are agreeing to have their name and time published IF they come in the Top 10 for their year level.

Please do not send in photos to the Weebly Remote Learning Website. There will be a Seesaw activity in your child/ren's classroom – Respond to that activity with your photo (and time if you wish).

Start/Finish Line



3-6 Turnaround

Start/Finish line

Prep - 2 turnaround



Virtual House Cross Country – UPDATE (As of Friday morning)

2 days to go!

Sunday 5pm is the cut off for any more photo or time submissions.

Final results will be published on Compass and Seesaw on Monday morning.

As of Friday morning, the scores are:

1st – Golden Honeyeaters

2nd – Blue Wrens

3rd – White Seagulls

4th – Red Robins

Leader boards:

Grade 6 Boys		Grade 6 Girls		Grade 5 Boys		Grade 5 Girls	
Riley Harris	10:05.02	Sunny Egresits	12:09	Max Brooklesby	10:28	Mabel Carr	10:50
Billy Horskins	10:28.34	Coco Rayner	12:09	Jay Douglas	10:29	Tomieka Petracca	11:53
Archie Casey	10:50.47	Sienna Musilli	12:34.50	Zavier Bertacco	10:50	Inez Parmington	12:01
Jack Aeschlimann	11:18.49	Sienna Gow	12:47.90	Ciaran Toomey	12:15	Ania Falzon	12:13.62
Jed Courtenay	12:00	Sara Hynd	12:50	Lachy Carr	12:19	Georgia Cousens	12:14
Finn Clunje	12:07	Asha Matthews	13:44.61	Felix Crocker-Rose	12:50	Tea Stewardson	13:04
Jasper Shone	12:20	Wynter Richards	14:20	Eric Watt	13:02	Claire Peterson	14:09
Rhys Newman	12:37	Harper Farrell	14:52	Cooper Newman	13:05	Claudia Croatto	14:28.64
Harry Foster	12:37	Anabelle Bremner	16:11.12	Billy Fisher	13:37.32	Mikayla Thomas	15:39
Harvey Welsford	13:12	Bonnie Parise	16:13	Angus Cousens	14:05	Maggie Bateman	15.45

Grade 4 Boys		Grade 4 Girls		Grade 3 Boys		Grade 3 Girls	
Arch Rayner	10:12	Amelie Clunje	12:45	Dusty Rayner	10:52	Celeste Petracca	13:10
Finn O'Halloran	12:02.29	Torah Boyd-Mets	13:05	Teo Parmington	11:15	Nina Egresits	14:01
Chase Bergmeier	12:43	Bec Barclay	13:27	Ben Bellairs	11:41	Scarlett Denver	14:35.92
Jenson Bremner	12:50	Lila Terlich	13:27	Mitchell Oliver	11:44	Eden Roberts	14:43
Logan Laub	13:41	Desiree Abreu	13:28	Noah McMillan	13:11	Indi Matthews	14:52
Sam Horskins	14:33.47	Anabelle Friswell	13.3	Sam Sheppard	14:04	Tilly Warren	14:58
Max Tonkin	14:57	Taya Hayes	13:50	Flynn Toomey	14:05	Emma Patterson	15:00
Aston Hill	16:39.84	Harper Hawking	14:04	Oliver Morgan	15:35.32	Savannah Bergmeier	15.08
Campbell Gafa	18:34	Sadie Metselaar	14:18.32	Rex Brooklesby	15:39.08	Savanah Ruijrok	16:03.34
Belamy Murfin-Bard	19:30	Sophia Gow	14:75.40	Harry Tonkin	16:52	Eva Robbins	16:30

Grade 2 Boys		Grade 2 Girls		Grade 1 Boys		Grade 1 Girls	
Lenny Hawking	4:21.93	Kayley Lockhart	4:47.90	Reef Metselaar	4:48.18	Savannah Kilsby	05:40
Thomas Simon	4:32	Soul Van Stokrom	05:22	Sebastian Kewning	05:00	Evie Foster	05:53
Che Hawkins	4:33.76	Emma Barclay	05:23	Darcy Carr	05:02	Miranda Giddins	06:00
Fraser Oliver	04:43	Zoe Farrell	05:25	Cosimo Petracca	05:15	Zara Keast	6:18.74
Finn Musilli	4:48.40	Nadia Joyce	05:30	Jack Hynd	05:26	Charlotte Bellairs	06:25
Ryder Brannaohan	05:06	Anahla Cameron	05:32	Grayson Huther	5	Andi Fisher	6:44.80
Billy Courtenay	05:07	Emily Croatto	05:57	Zeke Boyd-Mets	05:32	Isabelle Hulka	6:47.09
Adrien Abreau	05:20	Alana Hayes	06:00	Elroy Cameron	05:36	Milly Barton	07:51
Cruz Hill	05:21	Abbigail Thomas	06:49	Alby Cripps	05:48	Emelia Ireland	07:53
Franklin Boyd-Munro	5:32			Archie Duffus	5:52.02	Amelia Mawburn	08:30

Prep Boys		Prep Girls	
Levi Duffus	5:00.46	Charlotte Friswell	4:52
Lawson Hawking	5:39	Marissa Joyce	06:50
Jack Giddins	06:00	Amy Brodal-Rob	06:58
Zac Sheppard	06:32		
Lenny Boyd-Munro	06:49		
Charlie Butler-Hem	06:52		
Mack Warren	07:23		
Harvey Williamson	07:51		



INVERLOCH-KONGWAK JUNIOR FOOTBALL CLUB RETURN TO TRAINING

Under 10's (West end) & Under 14's (East end): 4.30-5.20

Under 12's (2 groups): 5.30-6.20

Training Guidelines

- * All players will need to supply their own drink bottle. They will place these drink bottles in the coach's boxes at their end of the ground upon arrival (West end-home coach's box, East end-away coach's box).
- * Hand sanitiser will be provided in the coach's boxes for all players before and after training.
- * Balls will be sanitised before and after each training session.
- * Training groups will be no more than 20 players plus coaches and assistants.
- * The Under 12's will have a designated training group. They will train at opposite ends of the oval.
- * Players will be encouraged to maintain a 1.5m distance during training sessions. There will be NO contact drills or shared equipment (besides footballs).
- * Each team will have a strict training time with a 10-minute gap in between sessions so families can leave and arrive without mixing with the other groups. The Under 12's are asked to not enter the oval area until all of the previous age groups have left the ground.
- * Parents/Carers will not be permitted on the ground while training. We ask parents to park at the end of the ground that their child is training and to remain in their car if possible.
- * Siblings will not be permitted on the oval during training times.
- * The club will have a COVID Safety officer in attendance to ensure all guidelines are followed.
- * Player and coach attendance will be recorded for official records that need to be supplied to AFL Gippsland.
- * If your child is unwell or have been in contact with any person who has COVID-19 symptoms, they are NOT to attend training.

Please note that this return to training DOES NOT mean that games will be guaranteed to return. We will be taking directions from AFL Gippsland over the coming weeks.

We understand if people are not comfortable returning to training under these circumstances and respect each individual's decision about attending these sessions.

Being a parent is the most important and challenging job in today's changing world.

Parentzone promotes the independence and healthy development of families with children aged 0-18 years through the provision of support, information, education, advice and resources to parents/carers.



WHO DO WE SUPPORT?

- Mothers and fathers
- New parents
- Expectant parents
- Single parents
- Teen parents
- Parents in blended and step families
- Grandparents and kinship carers raising children
- Indigenous parents
- Isolated parents
- Parents with multicultural background
- Parents of children with special needs
- Parents who are ordered to undertake parenting education
- Fathers in prison
- Fathers on community corrections orders
- Foster Care givers
- Friends and relatives



For one on one parenting support, resources and information please call

Parentzone Gippsland on 03 5135 9555 or email parentzone.gippsland@anglicarevic.org.au

This service is Monday – Friday 9am - 5pm but is not always manned.

Messages are normally returned within 1 business day.

All parents can benefit from parent education and skills development, which can reinforce and expand on what you already know about parenting.